

## **Your Child's Treatment**

## What to Expect:

It is our goal to treat your child in a safe and pleasant environment. Parents are welcome to come into the treatment area with their children; however, sometimes the appointments go better if the child comes back alone. We prefer one adult, if possible, so our focus can be on your child.

- 1. Allow us to explain to your child what we are doing.
- 2. If you are calm about the appointment, your child is much more likely to be calm.
- 3. You can let them know a little about the appointment, but try not to scare them.

We like to avoid words like shot, hurt, drill, pull, etc. In some cases we will numb the tooth and the surrounding tissue by means of an injection. Please try to avoid discussing the shot beforehand.

## Laughing gas (Nitrous Oxide):

Nitrous oxide is a safe and widely known gas that has been used in dentistry for decades. The gas is administered at the time of the appointment to reduce anxiety. Your child will breathe it in through a small mask that we refer to as a "pilot's mask". It is very fast acting, with an onset of 2-3 minutes and a recovery time of 2-3 minutes. Your child will feel a little sleepy or groggy while on nitrous oxide. After the procedure, the patient will breathe oxygen for 5 minutes and the feeling of the analgesia will be gone. Dr. Albers and Dr. Kassmel will recommend the use of laughing gas for many children.

## After the procedure:

Our biggest concern is a numb lip or tongue. Take care in the food choices you give your child while numb, nothing hard or crunchy. Soft foods like yogurt or apple sauce are the best choice. Please monitor your child, as the lip will feel funny/sleepy. Some kids will chew on their lip out of curiosity. It doesn't take long to make a large sore which can be very painful.

Please feel free to give your child Children's Tylenol or Children's Ibuprofen to ease any discomfort.

If you have any questions or concerns, please call the office at (970)393-5128