



## **Post-Operative Extraction (Pedo)**

Care of the mouth following a procedure is essential in the healing process. There is a certain amount of swelling, discoloration, discomfort and bleeding which can be expected.

**Bleeding:** Some bleeding is to be expected for up to a couple hours. Make sure your child maintains gentle pressure by biting on the gauze compress that was placed over the extraction site for 30 to 45 minutes. This compress was placed to help stop bleeding.

**Discomfort:** Your child will feel sore around the extraction site possibly for a couple days. Give your child whichever medication is used in your household for pain (children's Motrin, Tylenol, or Ibuprofen).

**Numbness:** Our biggest concern is the lip and tongue. Please monitor your child, as the lip and tongue will feel funny/sleepy. Some kids will chew on their lip out of curiosity. It doesn't take long to make a large sore which can be very painful.

**Diet:** A soft or liquid diet is recommended for the first 24 hours following extraction. Until the local anesthesia (numbness) wears off, be careful chewing to prevent biting the numb area. After the first day, Dr.'s rule of thumb is, "If it hurts to eat, then don't eat it".

**If you have any questions or concerns please call the office at (970) 393-5128**